

Town of Holly Springs



A Proclamation by the Mayor

Mental Health Awareness Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and,

WHEREAS, all Americans experience times of difficulty and stress in their lives; and,

WHEREAS, those who serve in the armed services are exposed to physical, mental, and emotional trauma at rates higher than those in the general population; and,

WHEREAS, suicide is the second-leading cause of death for post-9/11 veterans, accounting for 22.3% of all deaths, according to the Stop Soldier Suicide organization; and,

WHEREAS, according to the Veterans Administration, 13.7% of suicides committed by adults in 2019 were committed by veterans; and,

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and,

WHEREAS, each business, school, government agency, healthcare provider, organization, and citizen shares the burden of mental illnesses and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE I, Mayor Sean Mayefskie, do hereby proclaim May 2022 as

Mental Health Awareness Month

and I call upon the citizens of Holly Springs to recommit to increasing awareness and understanding of mental health, the steps our citizens can take to protect their own mental health, and to assist those around them with mental health concerns, and the need for appropriate and accessible services for all people with mental illnesses, particularly those who have served in the armed services.

Proclaimed this, the 17th day of May, 2022

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the Town of Holly Springs, North Carolina to be affixed on this 17th day of May, 2022

Sean Mayefskie, Mayor